Transforming Leadership
Nurses as Change Agents for Non Communicable Diseases (NCD’s) in the Pacific

The 19th South Pacific Nurses Forum in Rarotonga Cook Islands
Oct 15 – 19 2018
Accommodations and Transports
Venue: National Auditorium
19th South Pacific Nurses Forum (SPNF):

Transforming Leadership – Nurses as Change Agents for Non Communicable Diseases (NCDs) in the Pacific – 15th – 19th October 2018

The 19th South Pacific Nurses Forum in the Cook Islands will bring together evidence, experience and innovations highlighting nursing contribution to Universal Health Coverage and demonstrating how nurses are important to ensuring access and quality of health care for all.

The theme of this year’s meeting: “Transforming Leadership – Nurses as Change Agents for Non Communicable Diseases (NCDs) in the Pacific” encourages nurses to take the lead and lead by example to be full partners with other health professionals in redesigning and advancing health care to address the challenge of NCDs. NCDs are the greatest challenge to Pacific people in this 21st century. Nurses need to lead the way in the prevention and management of these conditions to improve the health and reduce the mortality and morbidity of Pacific people.

The forum will provide a regional platform for nurses to disseminate knowledge and innovation from the different cultures, countries and territories of the South Pacific. The forum will feature keynote and plenary speakers as well as accepted sessions accepted through submission of abstract.

Featured plenary speakers will bring inspiration and the latest information on nursing leadership, the management, development and regulation of the nursing workforce, innovation in nursing education and advances in nursing practice

The South Pacific Chief Nursing and Midwifery Officers Alliance (SPCNMOA) meeting will also convene during this time. Chief Nurses, regulators and educators will discuss the alliance action plans and strengthening the nursing profession to support health strategies of countries and territories in the region.

The main objectives of the South Pacific Nurses Forum are:

1. To promote and improve the coverage and quality of health services for the public.
2. To ensure the establishment and maintenance of the optimum standards of professional nursing practice in the South Pacific supported by appropriate nursing education and research.
3. To establish networking between nurses in the South Pacific and provide opportunities for an in-depth exchange of experience and expertise within and beyond the regional nursing community.
4. To demonstrate the nursing contribution to the health of individuals, families and communities.

Facebook: www.facebook.com/spnf.org.au
South Pacific Nurses Forum
The South Pacific Nurses Forum (SPNF) was formed in 1982 by South Pacific Nurses who were attending the 1980 International Council of Nurses in Los Angeles, USA and has met in different locations in the South Pacific every two years since then. Clinical nurses, nurse managers, nurse educators and nurse leaders from across the South Pacific attend the Forum to discuss and debate key issues of importance to nurses and nursing. The forum provides a venue for the 14 national nursing associations representing thousands of nurses in the South Pacific to discuss nursing experiences, share knowledge and develop networking amongst the islands including Australia and New Zealand.

Cook Island Nurses Association
The Cook Islands Nurses Association (CINA) was founded in 1969. It is an independent non-political, non-governmental organization. The goal is to represent nurses’ interests at the local, national and international level. CINA assist in the promotion of the highest standard of health and Social Service in the Cook Islands and also assist in maintaining a high standard of Nursing Education and Nursing Service. CINA acts as a medium to protect, promote and further the interest of all nurses professionally, socially and economically, to provide opportunities for discussion of subjects pertaining to nursing and to encourage a pursuit of the highest standard within the nursing profession. CINA has continued to work in harmony with the Ministry of Health in ensuring best health outcomes for our people through promoting and maintaining best nursing standard.

Conference Secretariat 2016 SPNF
Mrs. Ngatamariki MANEA. Chair,
Cook Island Nurses Association
Local Organizing Committee
19th South Pacific Nurses Forum
Tel.: +682 22664 Fax: +(682) 23109
P.O Box 109, Avarua, Rarotonga, Cook Islands
Email: ngatamariki.manea@cookislands.gov.ck
Email abstracts and general requests: ngatamariki.manea@cookislands.gov.ck
19th South Pacific Nurses Forum
15 – 19th October 2018
Rarotonga
Cook Islands
Kia Orana

The Edgewater Resort and Spa on behalf of the Cook Islands Nurses Association and in collaboration with the Cook Islands Ministry of Health, we offer you our warmest Kia Orana – our special greeting which means May You Live Long and Prosperous.

The Cook Islands is a special place whose beauty is only surpassed by the warmth and hospitality of its people. We are honoured to host the upcoming 19th South Pacific Nurses Forum and look forward to sharing the best of Cook Islands hospitality with guests and conference delegates.

Kia Manuia
Emile Kairua
Director of Sales and Marketing
The Edgewater Resort & Spa
Accommodation Options

Garden View Rooms
The Garden View Rooms are located amongst 6 acres of tropical gardens of hibiscus, gardenia and palms and a short stroll to the white sandy beach and lagoon. There are 135 rooms set out over two and three story blocks.

Lagoon View Rooms
There are 26 Beachfront rooms to choose from. Rooms are set out over 3 levels with one block located a few meters from the beach and the other overlooking the pool and lagoon.

Beachfront Deluxe Suites
There are 60 to choose from. These rooms are located right on the white sand beach and stone throw from the lagoon. Each suite has unobstructed views of the lagoon and fitted with a Spa Bath.

3 Bedroom Garden Villas
There are 27 of these to choose from. Each villa has 3 bedrooms, two bathrooms with the master bedroom having the ensuite, large modern kitchen and spacious living area. Each villa takes up to 6 people.

19th South Pacific Nurses Forum Accommodation Rates

<table>
<thead>
<tr>
<th>Room</th>
<th>Single</th>
<th>Twin/Double</th>
</tr>
</thead>
<tbody>
<tr>
<td>Garden View</td>
<td>$170pn</td>
<td>N/A</td>
</tr>
<tr>
<td>Lagoon View</td>
<td>$220pn</td>
<td>$130pp/per night</td>
</tr>
<tr>
<td>Beachfront Deluxe</td>
<td>$260pn</td>
<td>$150pp/per night</td>
</tr>
<tr>
<td>3 Bedroom Garden Villas</td>
<td>$440pn</td>
<td>Based on 6 people sharing a Villa</td>
</tr>
<tr>
<td>3 Bedroom Beachfront Villas</td>
<td>$570pn</td>
<td>Based on 6 people sharing a Villa</td>
</tr>
</tbody>
</table>

Booking Arrangements

For booking and enquiries please contact the Edgewater Resort & Spa
Mrs Maeva Henry
email: maeva.henry@edgewater.co.ck
Phone: +682 25435; Mobile +682 55452
Please quote: CME16 in all correspondence

www.edgewater.co.ck
### Food & Beverage Services

<table>
<thead>
<tr>
<th>F&amp;B Service</th>
<th>Rack Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upgrade to Cooked Breakfast - from Breakfast Menu</td>
<td>NZ$15.00pp</td>
</tr>
<tr>
<td>Island Night Umukai Feast &amp; Cultural Dance Show – Workshop Dinner</td>
<td>NZ$50.00pp</td>
</tr>
<tr>
<td>Sunday Night BBQ Under the Stars</td>
<td>NZ$40.00pp</td>
</tr>
</tbody>
</table>
Terms & Conditions

Rates used in this proposal are payable in NZ Dollars direct to the resort. These rates are Nett Rates.

• A deposit of no less than 30% of total booking must be paid at time of confirmation. Full payment must be made 30 days out from the group’s arrival date.

• Deadline for final booking arrangements is 1st August 2018

• Cancellations received between 30 – 40 days before arrival will incur full cancellation fees.

• All NO SHOWS will incur full cancellation fees.

• ALL cancellations must be made in writing either by email or fax.

• All rates are Net and include all Government Taxes and quoted in New Zealand dollars.

Booking Codes: Nurses18

All bookings to be made by email to stay@edgewater.co.ck
The KiiKii Inn & Suites is locally owned and operated in Rarotonga, lending it an intimate and comfortable feel which gives the place its unique charm. It’s laid-back and local, and a great place with a safe and family-friendly environment.

We pride ourselves in affordability and local island style hospitality. Your hosts are the Napa Family, since 1967.

The KiKii Inn & Suites has a range of rooms that can accommodate different kinds of travellers, an outdoor pool and a lovely beach area (not suitable for swimming). All our rooms have kitchenette, private bathroom, daily housekeeping service (due to the discounted rates this will be lighter than usual for their stay) and tea/coffee facilities as well.

**Special price of NZD$89 per single room and $105 per double room**

Please book directly to relax@kiikimotel.co.ck or check out their website
# Aotearoa Society Centre Booking Form

1. Please fill in this form and email the completed form to [lwichmanci@hotmail.com](mailto:lwichmanci@hotmail.com)
2. Please read Terms & Conditions carefully.

## Contact details

<table>
<thead>
<tr>
<th>Date form completed:</th>
<th>Organisation:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Contact name:</strong></td>
<td><strong>Organisation:</strong></td>
</tr>
<tr>
<td><strong>Address:</strong></td>
<td><strong>Tel:</strong></td>
</tr>
<tr>
<td><strong>Postcode:</strong></td>
<td><strong>Fax:</strong></td>
</tr>
<tr>
<td><strong>Email:</strong></td>
<td><strong>Fax:</strong></td>
</tr>
</tbody>
</table>

## Hostel hire

- Cost of accommodation per adult 13yrs and over is $25 per person per night.
- Cost of accommodation per child 12yrs and under is $20 per person per night.
- There is a minimum fee of $200 per night for accommodation regardless of how many people. E.g. 5 people will cost $200 per night not $125.

<table>
<thead>
<tr>
<th>How many adults:</th>
<th>How many children 12 yrs and under</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Arrival Date:</th>
<th>Departure Date:</th>
</tr>
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</table>

## Flight Details

<table>
<thead>
<tr>
<th>Arrival time:</th>
<th>Departure time:</th>
</tr>
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<tbody>
<tr>
<td><strong>Flight Number:</strong></td>
<td><strong>Flight Number:</strong></td>
</tr>
</tbody>
</table>

**PLEASE NOTE:** 90% of flights in & out of Rarotonga occur in the middle of the night. Please also remember that Rarotonga is over the International dateline, which puts us 22 hours behind New Zealand & 20 hours behind Australia. E.G. Flight leaves NZ @ 10pm on Sat. night, flight arrives at 2am on Sat. morning.

## Transport

- **Yes**
  - If you require Airport Transfers to & from the Centre, this can be arranged with Raro Tours Shuttle service. The cost is $20 per adult each way & $10 per child each way. The centre can arrange this for you, but is payable directly to Raro Tours at time of pick up & drop off.

- **No**

## Additional information


This contract is entered into between Aotearoa Society Inc. (hereinafter referred to as ‘the Centre’) and the Organisation hiring the centre (‘the Hirer’) and the following terms and conditions shall apply to all contractual arrangements between the Company and the Hirer.

1. All bookings must be confirmed in writing. The person who signs the booking request shall be considered the Hirer. Where a booking is made on behalf of an Organisation that Organisation shall be considered the Hirer and shall be jointly liable in respect of the booking with the person by whom the booking is made.

2. The Hirer shall take care & responsibility of the facility during their time occupying the centre.

3. The Hirer shall be held responsible for insuring any and all equipment brought on to the premises and for any damage caused to the Centre by any equipment brought on to the premises.

4. The Hirer is required to meet the payment terms requested on any invoices issued to the Hirer. Should the Hirer fail to meet the payment terms, the Centre shall have the right to cancel any arrangements made with the Hirer without notice.

5. The Hirer is required to pay The Centre a 25% deposit of the total accommodation; to secure the booking of the facilities.

6. 30 days prior to arrival (unless otherwise specified) The Hirer is required to pay the remaining balance of the total accommodation

7. An invoice & receipt will be issued from the Centre to The Hirer for all requested payment terms

8. Cancellation Policy – The Hirer shall be subjected to the following cancellation terms

<table>
<thead>
<tr>
<th>Duration</th>
<th>Percentage or Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>90+ days prior to arrival</td>
<td>All deposits paid shall be refundable less a $200 booking fee</td>
</tr>
<tr>
<td>60 - 89 days prior to arrival</td>
<td>25% of the total accommodation shall be held by The Centre</td>
</tr>
<tr>
<td>31 - 59 days prior to arrival</td>
<td>50% of the total accommodation shall be held or payable to The Centre</td>
</tr>
<tr>
<td>30 days or less prior to arrival</td>
<td>100% of the total accommodation shall be held or payable to The Centre</td>
</tr>
</tbody>
</table>

The Hirer

Signed_________________________________________ Name (please print)________________________________

Date_________________________ Position_____________________________________

The Centre

Signed_________________________________________ Name: Linda Wichman

Date_________________________ Position: Treasurer of Aotearoa Society

Payment is by Telegraphic Transfer or International payment online to:

Name of account: Aotearoa
Payee Address: Tupapa Maraerenga, Rarotonga, Cook Islands.
Bank: Westpac Cook Islands
Bank/Address: Avarua, P.O. Box 42 Rarotonga, Cook Islands
Account No: 112036401
Branch No: 039038
SWIFT/BIC: WPACCKCR

If you choose to remit the funds by Telegraph Transfer, please add NZ$10 to the amount being remitted to cover our local bank charges and ask about hidden charges if bank of origin is not Westpac.

NB: A counter signed copy of this agreement shall be emailed back to the Hirer for their records.
A warm welcome awaits you at the Aotearoa Centre Rarotonga

The Aotearoa society members are Maori and European New Zealanders and their supporters living in the Cook Islands.

The Aotearoa Centre ‘Nga Waka E Whitu’ has already welcomed many groups and individuals and is looking forward to the arrival of more throughout the coming months.

THE AOTAROA-RAROTONGA ORGANISATION

HISTORY

The Aotearoa society members are Maori and European New Zealanders and their supporters living in the Cook Islands.

The original society members hosted many visiting groups from NZ, and it became evident that they needed their own premises. The piece of land was gifted by the Vakatini Ariki family. Funds were raised by this small group of members and a Papakāinga was built. Over the years with more people visiting Rarotonga, it was decided to extend the Centre so groups from New Zealand could have a marae style accommodation option.

With the help of many volunteers, this project was completed in time for the 4th Pacific Arts Festival in 1992, and the first groups hosted were visitors for this festival. This was the first of numerous visiting groups. The Centre is also available for private functions.

Payment Policy

The individual rate is $25 per adult (13 yrs and over) and $20 per child (12 yrs and under) per day. Minimum rate $200 per night. This includes power, phone and use of all kitchen and laundry facilities, large outdoor grounds.

Sleeping facilities for 30 people. 20 Mattresses on the floor, 10 single beds, pillows, bed linen (sheets, pillowcases) polar fleece bed covers. More mattresses available, but then dining would have to be outside under a hired marquee. Cost of hire of marquee is Visitor’s cost.

Kitchen facilities chest freezer, fridge, stove with gas hobs and electric oven, microwave, toaster, pots, crockery, cutlery and table cloths

Bathroom facilities Toilets: 4 women’s and 2 men’s. Hot showers (gas heating): 2 women’s and 2 men’s. Some towels available.

Laundry facilities Automatic washing machine, clothes line, pegs

Outdoor area Off-street parking and a large fenced grass lawn, flag pole

*Additional: If staying for more than five days we ask that you wash towels, sheets, pillow cases and table cloths to prevent them from going moldy during the rest of your stay.
Rakahanga Hostel Accommodation

* 6 Single Rooms with 2 single beds @$25 per head

* 2 Family room with 1 double bed & 1 single bed @ $25 per head

* Upstairs with shared bathroom 1 for males & 1 females. Kitchen down stairs & big hall

Contact: Phillis Henry Ellis Ph. (682) 22810
Email: haukoka@gmail.com
Kia Orana

The Paradise Inn is a quirky little jewel on the beach opposite the National Auditorium (3mins walk), only minutes from great restaurants and the main shops of Avarua, Rarotonga. Join us on the deck for some whale watching and sunset drinks! All accommodation includes a kitchenette with microwave and gas stove, a fridge and tea/coffee making facilities. All just 3km (5-8mins) from Rarotonga International Airport.

19 South Pacific Nurses Forum Accommodation Rates

<table>
<thead>
<tr>
<th>Room Number</th>
<th>Total in Room</th>
<th>Rate</th>
<th>Beds in Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>1</td>
<td>$50 per night</td>
<td>1 x single</td>
</tr>
<tr>
<td>2</td>
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<td>$50 pppn</td>
<td>4 x single</td>
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<tr>
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<tr>
<td>14</td>
<td>1</td>
<td>$50 per night</td>
<td>1 x single</td>
</tr>
</tbody>
</table>

For booking queries please contact Paradise Inn - Ms Chantelle Oosthuizen
Phone: +682 20544
Mobile: +682 73807
Email: chantelle@crownbeach.com  Email: paradise@oyster.net.ck
Website: www.crownbeach.com  Website: www.paradiseinn.co.ck
Discount available on the following groups only.

<table>
<thead>
<tr>
<th>CLASS</th>
<th>TYPE</th>
<th>RATE 3+ DAYS</th>
<th>DISC</th>
<th>NEW RATE</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECAR</td>
<td>TOYOTA YARIS</td>
<td>$55.00 P/DAY</td>
<td>10% OFF</td>
<td>$49.50</td>
</tr>
<tr>
<td>CCAR</td>
<td>TOYOTA COROLLA</td>
<td>$65.00 P/DAY</td>
<td>10% OFF</td>
<td>$58.50</td>
</tr>
<tr>
<td>SCAR</td>
<td>TOYOTA BB</td>
<td>$65.00 P/DAY</td>
<td>10% OFF</td>
<td>$58.50</td>
</tr>
<tr>
<td>IWAR</td>
<td>TOYOTA COROLLA STATIONWAGON</td>
<td>$75.00 P/DAY</td>
<td>10% OFF</td>
<td>$67.50</td>
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</table>

CONDITIONS
- Rental must be for a minimum of 3 days before discount will apply.
- When making a reservation either online at www.aviscookislands.com or email on reservations@aviscookislands.com participants will need to ensure they quote promo code SPCNOACI to be eligible for the discount.
- To take advantage of the discount, bookings must be paid on/or by 1/10/18.
- All authorised drivers must present a valid FULL drivers licence at pick up and must sign the rental agreement before they are able to drive. Additional charges may apply for more than 2 registered drivers.
- Pick up and drop off to the Airport location costs $30.00
- Insurance is included in the quoted rate. The excess the renter is liable for is $2000. To reduce the excess to $500 the additional charge is $10 per day.
- A security deposit/bond of $200 is required at pick up and can only be paid with credit card. No bond, no vehicle.

PHILLIP METUARIKI | OPERATIONS MANAGER
ACE RENTALS LTD | T/A AVIS COOK ISLANDS
PO Box 317, Avarua | Rarotonga, Cook Islands
P: +682 22 833 | M: +682 55 581
E: phillip.metuariki@aviscookislands.com | www.aviscookislands.com
www.facebook.com/aviscookislands