



PARISH COMMUNITY NURSE EXPERIENCE IN NEW ZEALAND.

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THEME: BREAKING THE CYCLE OF NCD

To break the cycle of NCD in the Pacific Community
by leading by example to be full partners
in redesigning and advancing health care
and address the challenges of NCD.

THEME: BREAKING THE CYCLE OF NCD

Pacific peoples:

- have lower rates if higher education system
- have lower incomes
- live in communities with the fewest economic resources.



THEME: BREAKING THE CYCLE OF NCD

HOWEVER

THEME: BREAKING THE CYCLE OF NCD

Pacific peoples are:

- actively involved in their communities
- have strong social and cultural resources
- strong family ties, church affiliation, and community support

THEME:- BREAKING THE CYCLE OF NCD

An individual's identity and well-being are traditionally dependent on family heritage, connections, roles, and responsibilities.

Having a strong sense of belonging seems to reduce the likelihood that an individual will consider or attempt suicide

(Beautrais et al, 2005).

HISTORY OF PARISH COMMUNITY NURSE IN AUCKLAND- (PCN'S)

- ❖ Based on Faith Parish Nursing Model (ANA) & Church Programme 90's
- ❖ 2001-2003 Pilot Programmed at PIC Newton and PIC Tamaki
- ❖ 3 Parish Community Nurses with 30 Churches groups
- ❖ 3 Providers (*Tongan Health Society, ProCare and Auckpac PHO*)

HISTORY OF PARISH COMMUNITY NURSE IN AUCKLAND- (PCN'S)

- ❖ Ministry of Health funding helped churches to fund Nutrition and Physical activity programmes.
- ❖ 2007 Healthy Village Action Zone was launched in Auckland DHB
- ❖ 2009 Community Support Worker role was added to the team
- ❖ 2010 Merging of THS, Ta Pasifika and Auckpac to become Alliance Health Plus
- ❖ 2012 Enea Ola started in Waitakere DHB

THE ROLE OF PARISH COMMUNITY NURSES

A unique model of care not provided elsewhere.

The PCN role includes:

- Reaching Pacific People that is connected to their faith
- Providing some primary care and public health nursing,
- BUT an important difference = community- based and not limited by an enrolled population

THE ROLE OF PARISH COMMUNITY NURSES

Main advantages:

- Able to reach individuals and populations who may find it difficult to access health care through traditional routes
- Incorporates spirituality into healthcare
- Fluent speakers in at least one Pacific language
- Strong links to their communities
- Trusted sources of health information
- Facilitates preventive care, early detection and treatment



POINT OF DIFFERENCE

“Pacific nurses have a strong connections with Pacific communities, have personal understanding of the cultural the language skills that can positively influence Pacific health outcomes”.

(Southwick et al., 2012)

POINT OF DIFFERENCE

Not all Pacific nurses know how to engage with fanau.

They might have the language and the culture but the attitude is missing or they are disconnected from our own people.

Samoan proverb

‘E iloa lava oe I la tu, nofo tautala ma lau savali’

“People can connect to you by the way you stand, sit, talk and the way you walk”



POINT OF DIFFERENCE

“E iloa oe I lau gagana”

Namulauulu Filipino T Reupena (2016)

People know who you are by your language and your family
because your first school started from your parents,
as your first teacher.

THE ROLE OF PARISH COMMUNITY NURSES

Main disadvantages/challenges:

- Lack of awareness among other providers of the PCN role
- Feelings of professional isolation
- Flexibility to accommodate church priorities
- Recruitment of church member participation
- Difficulties accessing patient records once consent given
- Communicating effectively within the primary care.



HVAZ AND ENUA OLA VISION

‘Pacific individuals, families and communities achieve quality health outcomes inclusive of holistic wellbeing’



HEALTH VILLAGE ACTION ZONE (HVAZ)

HVAZ Vision

‘Healthy Pacific Community with
Access to Quality Health Care’



HEALTH VILLAGE ACTION ZONE (HVAZ)

HVAZ Model

Self-determination and community-led development
that aims to support Pacific communities
to develop their own solutions
to their health priorities.



HEALTH VILLAGE ACTION ZONE (HVAZ)

Strength and passion of Pacific church communities
and seeks to **provide a framework**
that will enable **better access to quality, appropriate**
primary health care **services**
and health promotion activities.



MAIN ACTIVITIES

- ❖ Focus: Nutrition and Physical activity, Smoke free
- ❖ Health Days
- ❖ Aiga Challenge
- ❖ Underpinned by a Self Management Framework



OTHER ACTIVITIES

Guided by the needs of the church communities

- ❖ Home visiting
- ❖ Interpretation
- ❖ Advocate for the family
- ❖ Navigator of health services



SUCCESS

1. Collaborative partnerships
2. Positive health values – service and caring for others
3. Availability of church services in every community
4. Access to church facilities and health promotion trained members
5. Community-focussed interventions
6. Health behaviour change, and
7. Supportive social relationships and networks

CONSIDERTATIONS FOR THE PACIFIC REGION

1. Explore the role of the PCN in the Pacific nations
2. Church settings are an effective way to engage Pacific communities
3. A family approach can be achieved
4. Churches in partnership with academic and health organisations provide an opportunity to eliminate health disparity